



2009 Seven Mountains Dual Sport Ride

Welcome to our **15th** annual dual sport ride. We would like to thank the Bald Eagle State Forest and 7 Mountains Campground for making this event possible.

Information:

- ➡ No riding around the campground.
- ➡ No excessive speed on the dirt roads, 25 MPH on the State Forest roads.
- ➡ We will be checking your bike for registration and inspection stickers and also spark arrestors, at the tech inspection. (must have)
- ➡ Go slow passed cabins.
- ➡ Properly inflate your tires, and carry tools necessary to fix a flat with you.
- ➡ NO RIDERS MEETING, you may begin riding after 8:30am.
- ➡ MUST HAVE A LUNCH TICKET FOR YOUR LUNCH !
- ➡ **HELMETS REQUIRED !!**

Course:

- ➡ Watch for rocks in the high grass !!
- ➡ Main loop is what is route sheeted. Numbered items on route sheet are also numbered on the course. **** VERY FEW ARROWS. *****
- ➡ Always follow your numbers in order when riding the main loop.
- ➡ Optional sections are arrowed.
- ➡ Challenging or difficult sections are marked on your route sheet.
- ➡ Resets are numbered, both on the route sheet and on the course.
- ➡ **X DANGER** markers will be at all roads and road crossings.
- ➡ **DO NOT** ride difficult options, unless you are an **EXPERIENCED** rider.
- ➡ **Must** have **knobby tires** to **ride options**.
- ➡ Most options are very rocky.
- ➡ Hero Section (ROCK LOVERS ONLY!) Skid plate required.

USE YOUR ROUTE SHEET - HAVE FUN !